



## Is your loved one suffering from Alzheimer's Disease or other dementias?

Join us for a **free Educational Workshop** aimed at those caring for a loved one with **Alzheimer's disease or other dementias**. Based on the Home Instead City & Guilds Accredited Caregiver training programme, the session will help you to:

- Encourage your loved one to engage in positive activities
- Provide techniques to manage challenging behaviours
- Look after yourself as a family carer

Workshops are held on the first and third Thursday afternoon of each month from 1.00pm to 3.30pm at our office : Hamill House, 112 – 116 Chorley New Road, Bolton BL1 4DH (opposite the Bolton School)

Places are limited to 8 per session -  
please call us to reserve your place.

01204 498949

[www.homeinstead.co.uk](http://www.homeinstead.co.uk)

A personalised experience  
for those with Alzheimer's  
disease or other dementias.

**CARE**  
Changing Ageing Through Research and Education™