

## Open and Honest Care in your Local Hospital



The *Open and Honest Care: Driving Improvement* programme aims to support organisations to become more transparent and consistent in publishing safety, experience and improvement data; with the overall aim of improving care, practice and culture.

Report for:

**Bolton NHS Foundation Trust**

May 2015

# Open and Honest Care at Bolton NHS Foundation Trust : May 2015

This report is based on information from May 2015. The information is presented in three key categories: safety, experience and improvement. This report will also signpost you towards additional information about Bolton NHS Foundation Trust's performance.

## 1. SAFETY

### NHS Safety thermometer

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On one day each month we check to see how many of our patients suffered certain types of harm whilst in our care. We call this the safety thermometer. The safety thermometer looks at four harms: pressure ulcers, falls, blood clots and urine infections for those patients who have a urinary catheter in place. This helps us to understand where we need to make improvements. The score below shows the percentage of patients who did not experience any harms.

**98.0% of patients did not experience any of the four harms whilst an in patient in our hospital**

**99.0% of patients did not experience any of the four harms whilst we were providing their care in the community setting**

**Overall 98.5% of patients did not experience any of the four harms in this trust.**

For more information, including a breakdown by category, please visit:

<http://www.safetythermometer.nhs.uk/>

### Health care associated infections (HCAIs)

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HCAIs are infections acquired as a result of healthcare interventions. Clostridium difficile (C.difficile) and methicillin-resistant staphylococcus aureus (MRSA) bacteremia are the most common. C.difficile is a type of bacterial infection that can affect the digestive system, causing diarrhoea, fever and painful abdominal cramps - and sometimes more serious complications. The bacteria does not normally affect healthy people, but because some antibiotics remove the 'good bacteria' in the gut that protect against C.difficile, people on these antibiotics are at greater risk.

The MRSA bacteria is often carried on the skin and inside the nose and throat. It is a particular problem in hospitals because if it gets into a break in the skin it can cause serious infections and blood poisoning. It is also more difficult to treat than other bacterial infections as it is resistant to a number of widely-used antibiotics.

We have a zero tolerance policy to infections and are working towards eradicating them; part of this process is to set improvement targets. If the number of actual cases is greater than the target then we have not improved enough. The table below shows the number of infections we have had this month, plus the improvement target and results for the year to date.

Patients in hospital setting	C.difficile	MRSA
<b>This month</b>	2	2
<b>Trust Improvement target (year to date)</b>	19	0
<b>Actual to date</b>	6	3

For more information please visit:

[www.boltonft.nhs.uk/patients-and-visitors/hospital/infection-prevention-and-control/](http://www.boltonft.nhs.uk/patients-and-visitors/hospital/infection-prevention-and-control/)

## Pressure ulcers

Pressure ulcers are localised injuries to the skin and/or underlying tissue as a result of pressure. They are sometimes known as bedsores. They can be classified into four categories, with one being the least severe and four being the most severe. **The pressure ulcers reported include all avoidable/unavoidable pressure ulcers that were obtained at any time during a hospital admission that were not present on initial assessment.**

This month 4 Category 2 - Category 4 validated pressure ulcers were acquired during Acute hospital stay and 7 in the community.

Severity	Number of Pressure Ulcers in our Acute Hospital setting	Number of pressure ulcers in our Bolton Community Community setting
Category 2	4	2
Category 3	0	5
Category 4	0	0

In the hospital setting, so we know if we are improving even if the number of patients we are caring for goes up or down, we calculate an average called 'rate per 1,000 occupied bed days'. This allows us to compare our improvement over time, but cannot be used to compare us with other hospitals, as their staff may report pressure ulcers in different ways, and their patients may be more or less vulnerable to developing pressure ulcers than our patients. For example, other hospitals may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 1,000 bed days: 0.23 Hospital Setting

The pressure ulcer numbers include all pressure ulcers that occurred from 6 hours after admission to this Trust

In the community setting we also calculate an average called 'rate per 10,000 CCG population'. This allows us to compare our improvement over time, but cannot be used to compare us with other community services as staff may report pressure ulcers in different ways, and patients may be more or less vulnerable to developing pressure ulcers than our patients. For example, our community may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 10,000 Population: 0.23 Bolton Community

## Falls

This measure includes all falls in the hospital that resulted in injury, categorised as moderate, severe or death, regardless of cause. **This includes avoidable and unavoidable falls sustained at any time during the hospital admission.** Falls within the community setting are not included in this report.

This month we reported 1 fall(s) that caused at least 'moderate' harm.

Severity	Number of falls
Moderate	1
Severe	0
Death	0

So we can know if we are improving even if the number of patients we are caring for goes up or down, we also calculate an average called 'rate per 1,000 occupied bed days'. This allows us to compare our improvement over time, but cannot be used to compare us with other hospitals, as their staff may report falls in different ways, and their patients may be more or less vulnerable to falling than our patients. For example, other hospitals may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 1,000 bed days: 0.06

## 2. EXPERIENCE

To measure patient and staff experience we ask a number of questions. The idea is simple: if you like using a certain product or doing business with a particular company you like to share this experience with others.

The answers given are used to give a score which is the percentage of patients who responded that they would recommend our service to their friends and family.



### The Friends & Family Test

#### Patient experience

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#### The Friends and Family Test

The Friends and Family Test requires all patients, after discharge from hospital, to be asked: *How likely are you to recommend our ward to friends and family if they needed similar care or treatment? We ask this question to patients who have been an in-patient and/or attended Accident & Emergency (A&E). Both scores (if applicable) are below;*

<b>In-patient</b> FFT score <sup>1</sup>	<b>96.4</b>	% recommended. This is based on 940 patients asked
<b>A&amp;E</b> FFT score	<b>86.6</b>	% recommended. This is based on 1282 patients asked

<sup>1</sup> This result may have changed since publication, for the latest score please visit:  
<http://www.england.nhs.uk/statistics/statistical-work-areas/friends-and-family-test/friends-and-family-test-data/>

Currently the Friends and Family Test is in development for community services, but we use similar questions to help us understand our patients' experience.

We also asked 50 patients the following questions about their care in the hospital:

	Score
Were you involved as much as you wanted to be in the decisions about your care and treatment?	100.0
If you were concerned or anxious about anything while you were in hospital, did you find a member of staff to talk to?	94.0
Were you given enough privacy when discussing your condition or treatment?	100.0
During your stay were you treated with compassion by hospital staff?	100.0
Did you always have access to the call bell when you needed it?	100.0
Did you get the care you felt you required when you needed it most?	97.9
How likely are you to recommend our ward/unit to friends and family if they needed similar care or treatment?	100.0

We also asked 17 patients the following questions about their care in the community setting:

Were the staff respectful of your home and belongings?	100.0
Did the health professional you saw listen fully to what you had to say?	100.0
Did you agree your plan of care together?	100.0
Were you/your carer or family member involved decisions about your care and treatment as much as you wanted them to be?	100.0
Did you feel supported during the visit?	100.0
Do you feel staff treated you with kindness and empathy?	100.0
How likely are you to recommend this service to friends and family if they needed similar care or treatment?	100.0

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## A patient's story

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A 73 year old female was admitted to an orthopaedic Ward (G4) following a fall in her local area. During her stay when the patient was asked about her hospital experience during 'Perfect Week' she expressed the following: The ward is clean , I always have access to the call bell, i have enough privacy and the food is not bad . Following discharge from hospital the same patient reported to the Patient Experience Support Officer for the Trust that her discharge was 'brilliant , gold star'.

'Perfect Week' is a tried and tested intensive programme to find ways to help patient flow, facilitate discharge and improve safety and quality for our patients. It is a Trust wide improvement event which focuses on finding and removing delays and blockages and doing the right thing for patients. The aim is to go seven days with no delays to patient care. Following the event we will be looking to sustain the improvements.

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## Staff experience

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We asked 50 staff in the hospital the following questions:

	Net Promoter Score
I would recommend this ward/unit as a place to work	100.0
I would recommend the standard of care on this ward/unit to a friend or relative if they needed treatment	100.0
I am satisfied with the quality of care I give to the patients, carers and their families	95.8

We asked 18 staff working in the community setting the following questions:

	Net Promoter Score
I would recommend this service as a place to work	72.2
I would recommend the standard of care in this service to a friend or relative if they needed treatment	100.0
I am satisfied with the quality of care I give to the patients, carers and their families	94.4

## 3. IMPROVEMENT

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### Improvement story: we are listening to our patients and making changes

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Having shared the comments with the Matron for the Unit she was able to identify and explain the ways of working on the ward that she feels contributed to the service the patient received. The Matron spoke about the Trust values, (Putting patients and staff at the heart of everything we do, to be respected, to be valued and to be proud) and explained how this was a foundation to how the Trust four values capture the desired attitudes and behaviour that staff want to see for our patients and each other. The matron also explained that role modelling high standards of care and excellence with clear defined expectations provided to staff of what should happen in a patients journey every time was fundamental to patients having the best possible recovery and experience.

As a result of the 'Perfect Week' the Matron has seen a difference in how teams work together on the ward which reflects a desire to be safe, effective and efficient and feels the team approach to ways of working is that of continual improvement which in turn will enhance the experience of patients, their carer's and relatives.

## Supporting information

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Following Root Cause Analysis Panel for Pressure Ulcers the below information is known:

- all category 2 and 3 pressure ulcers which occurred in the community were deemed unavoidable
- 2 category two pressure ulcers in hospital were deemed avoidable; 1 category two pressure ulcer in hospital was deemed unavoidable.

There was one fall resulting in moderate harm in May 2015.

Healthcare targets for year 15/16 have been reset so data inputted relating to HCAI will reflect the new target set from April 2015.

