

Bury's Breastfeeding Buddies Café



Pennine Care
NHS Foundation Trust

**Are you pregnant and want to know more about breastfeeding?
Or already breastfeeding and need some support?
If so, why not come along to our Bury Breastfeeding Buddies Café?**

Our Health Visiting Team will be on hand to help you with any difficulties and answer your questions.

It's also a great opportunity to meet up with other breastfeeding mums and chat in a relaxed environment.

We have lots of breastfeeding resources available.

Our aim is to make sure you feel confident and comfortable breastfeeding your baby.

Where?

Silhouettes Café, Castle Leisure Centre,
Bolton Street, Bury, BL9 0EZ

When?

Every Thursday, from 10am to 12pm

No appointment is needed –
just drop in to see us!

Want to know more?

You can contact us on **0161 724 2086**



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