

Open and Honest Care in your Local Hospital



The *Open and Honest Care: Driving Improvement* programme aims to support organisations to become more transparent and consistent in publishing safety, experience and improvement data; with the overall aim of improving care, practice and culture.

Report for:

Bolton NHS Foundation Trust

April 2019

Open and Honest Care at Bolton NHS Foundation Trust : April 2019

This report is based on information from April 2019. The information is presented in three key categories: safety, experience and improvement. This report will also signpost you towards additional information about Bolton NHS Foundation Trust's performance.

1. SAFETY

NHS Safety thermometer

On one day each month we check to see how many of our patients suffered certain types of harm whilst in our care. We call this the safety thermometer. The safety thermometer looks at four harms: pressure ulcers, falls, blood clots and urine infections for those patients who have a urinary catheter in place. This helps us to understand where we need to make improvements. The score below shows the percentage of patients who did not experience any harms.

98.8% of patients did not experience any of the four harms whilst an in patient in our hospital

97.6% of patients did not experience any of the four harms whilst we were providing their care in the community setting

Overall 98.3% of patients did not experience any of the four harms in this trust.

For more information, including a breakdown by category, please visit:

<http://www.safetythermometer.nhs.uk/>

Health care associated infections (HCAIs)

HCAIs are infections acquired as a result of healthcare interventions. Clostridium difficile (C.difficile) and methicillin-resistant staphylococcus aureus (MRSA) bacteremia are the most common. C.difficile is a type of bacterial infection that can affect the digestive system, causing diarrhoea, fever and painful abdominal cramps - and sometimes more serious complications. The bacteria does not normally affect healthy people, but because some antibiotics remove the 'good bacteria' in the gut that protect against C.difficile, people on these antibiotics are at greater risk.

The MRSA bacteria is often carried on the skin and inside the nose and throat. It is a particular problem in hospitals because if it gets into a break in the skin it can cause serious infections and blood poisoning. It is also more difficult to treat than other bacterial infections as it is resistant to a number of widely-used antibiotics.

We have a zero tolerance policy to infections and are working towards eradicating them; part of this process is to set improvement targets. If the number of actual cases is greater than the target then we have not improved enough. The table below shows the number of infections we have had this month, plus the improvement target and results for the year to date.

Patients in hospital setting	C.difficile	MRSA
This month	5	0
Trust Improvement target (year to date)	32	0
Actual to date	5	0

For more information please visit:

www.boltonft.nhs.uk/patients-and-visitors/hospital/infection-prevention-and-control/

Pressure ulcers

Pressure ulcers are localised injuries to the skin and/or underlying tissue as a result of pressure. They are sometimes known as bedsores. They can be classified into four categories, with one being the least severe and four being the most severe. **The pressure ulcers reported include all avoidable/unavoidable pressure ulcers that were obtained at any time during a hospital admission that were not present on initial assessment.**

This month 8 Category 2 - Category 4 validated pressure ulcers were acquired during Acute hospital stay and 16 in the community.

Severity	Number of Pressure Ulcers in our Acute Hospital setting	Number of pressure ulcers in our Bolton Community Community setting
Category 2	8	8
Category 3	0	8
Category 4	0	0

In the hospital setting, so we know if we are improving even if the number of patients we are caring for goes up or down, we calculate an average called 'rate per 1,000 occupied bed days'. This allows us to compare our improvement over time, but cannot be used to compare us with other hospitals, as their staff may report pressure ulcers in different ways, and their patients may be more or less vulnerable to developing pressure ulcers than our patients. For example, other hospitals may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 1,000 bed days: 0.46 Hospital Setting

The pressure ulcer numbers include all pressure ulcers that occurred from 6 hours after admission to this Trust

In the community setting we also calculate an average called 'rate per 10,000 CCG population'. This allows us to compare our improvement over time, but cannot be used to compare us with other community services as staff may report pressure ulcers in different ways, and patients may be more or less vulnerable to developing pressure ulcers than our patients. For example, our community may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 10,000 Population: 0.53 Bolton Community

Falls

This measure includes all falls in the hospital that resulted in injury, categorised as moderate, severe or death, regardless of cause. **This includes avoidable and unavoidable falls sustained at any time during the hospital admission.** Falls within the community setting are not included in this report.

This month we reported 1 fall(s) that caused at least 'moderate' harm.

Severity	Number of falls
Moderate	0
Severe	1
Death	0

So we can know if we are improving even if the number of patients we are caring for goes up or down, we also calculate an average called 'rate per 1,000 occupied bed days'. This allows us to compare our improvement over time, but cannot be used to compare us with other hospitals, as their staff may report falls in different ways, and their patients may be more or less vulnerable to falling than our patients. For example, other hospitals may have younger or older patient populations, who are more or less mobile, or are undergoing treatment for different illnesses.

Rate per 1,000 bed days: 0.06

2. EXPERIENCE

To measure patient and staff experience we ask a number of questions. The idea is simple: if you like using a certain product or doing business with a particular company you like to share this experience with others.

The answers given are used to give a score which is the percentage of patients who responded that they would recommend our service to their friends and family.



The Friends & Family Test

Patient experience

The Friends and Family Test

The Friends and Family Test requires all patients, after discharge from hospital, to be asked: *How likely are you to recommend our ward to friends and family if they needed similar care or treatment? We ask this question to patients who have been an in-patient and/or attended Accident & Emergency (A&E). Both scores (if applicable) are below;*

In-patient FFT score ¹	96.9	% recommended. This is based on 1153 patients asked
A&E FFT score	91.9	% recommended. This is based on 1330 patients asked

¹ This result may have changed since publication, for the latest score please visit:

<http://www.england.nhs.uk/statistics/statistical-work-areas/friends-and-family-test/friends-and-family-test-data/>

Currently the Friends and Family Test is in development for community services, but we use similar questions to help us understand our patients' experience.

We also asked 165 patients the following questions about their care in the hospital:

	Score
Were you involved as much as you wanted to be in the decisions about your care and treatment?	82.6
If you were concerned or anxious about anything while you were in hospital, did you find a member of staff to talk to?	84.5
Were you given enough privacy when discussing your condition or treatment?	95.4
During your stay were you treated with compassion by hospital staff?	85.5
Did you always have access to the call bell when you needed it?	90.9
Did you get the care you felt you required when you needed it most?	93.5
How likely are you to recommend our ward/unit to friends and family if they needed similar care or treatment?	82.6

We also asked patients the following questions about their care in the community setting:

Were the staff respectful of your home and belongings?	98.9
Did the health professional you saw listen fully to what you had to say?	98.9
Did you agree your plan of care together?	97.8
Were you/your carer or family member involved decisions about your care and treatment as much as you wanted them to be?	95.6
Did you feel supported during the visit?	100.0
Do you feel staff treated you with kindness and empathy?	100.0
How likely are you to recommend this service to friends and family if they needed similar care or treatment?	0.0

A patient's story

The following story has been provided by a patient and relates to the birth of her baby at Ingleside. Any names of circumstances that may identify the individuals specifically have been removed to support anonymity:

For the previous 2 weeks I had been getting lots of Braxton Hicks and had lost my complete mucous plug, but was determined not to get my hopes up about going into early labour as I went a week overdue with my 18 month old son and found it so hard waiting. I tried to keep in my head that I would go overdue this time too so that I wasn't disappointed.

I went to bed on the Tuesday evening and had absolutely no signs of labour except from my bump had dropped quite low throughout the day. I slept so well and got a full 8 hours sleep. My alarm went off at 7.45am to get my son up and ready for nursery, so I snoozed and got him up at 8 and my husband got in the shower. I shouted through to my husband in the bathroom because I got such a big pain in my stomach but wasn't sure what it was as I didn't think I could get such a painful contraction with no build up. He carried on showering and I found myself bent double over our bed breathing through 4 contractions in 10 minutes with my poor son watching me wondering what was going on! So I shouted again and my husband got out of the shower and got dressed and took my son downstairs.

I called maternity triage, who could hear how regular my contractions were and how much pain I was in and they said to go straight to the birth centre there and then. So my husband called my son's nursery to warn them we were on our way with him and that he'd not had time for any breakfast. I called my doula Amy to let her know we were on our way to the birth centre, she said she would leave and meet us there. I also called my mum as she was supposed to be having my son while I was in labour but I asked her to come and see her granddaughter being born instead as luckily it had fallen on a nursery day!

We all got in the car for the most uncomfortable journey and we were so lucky that it was half term so there was hardly any traffic bearing in mind we were driving towards Manchester city centre in rush hour! When we got near to nursery I was in so much pain I said to my husband don't take my son to his room, just drop him in the office and get back to the car quickly. I felt like the baby was coming soon. So 10 minutes later we arrived at Ingleside and Amy my doula had just arrived before us.

The midwives took us into the most gorgeous room with twinkle lights, soft waterfall sound effects and a big projector on the wall with waterfall videos. It was so relaxing. They got me on the futon to examine me and she said that I was 4cm dilated, fully effaced and my waters were bulging. She said I could get straight in the birthing pool and have the gas and air, which I did. I forgot how amazing the gas and air is ... the hallucinations! And the warm water was so soothing on my back. I remember at one point feeling a bit panicky about my scar rupturing (I'd had a previous c-section with my son) and asking the midwife if I was showing any signs of scar rupture. And then I panicked that the baby would get stuck like last time and asked her if the baby was back to back like last time. She answered no to both questions and reminded me that

Staff experience

	Net Promoter Score
I would recommend this service as a place to work	91.4
I would recommend the standard of care in this service to a friend or relative if they needed treatment	100.0
I am satisfied with the quality of care I give to the patients, carers and their families	98.6

3. IMPROVEMENT

Improvement story: we are listening to our patients and making changes



Supporting information

Within the organisation we have a process whereby all pressure ulcers (PU) and suspected deep tissue injury are reported and heard through a panel consisting of senior nurses, allied health professionals and risk and governance members.

The outcomes recorded at Harm Free Care Panel are for pressure ulcers that have occurred within our care and are as a result of lapses and no lapses in care. This is separated further as:

Hospital: Category 2 PU; 8 in total with 5 recorded as no lapses in care, 3 recorded as lapses in care. There were no category 3 and Category 4 PUs reported.

Community: Category 2 PU; 8 in total with all recorded as no lapses in care, Category 3 PU; 8 in total with all recorded as no lapses in care. No Category 4 PU were reported.

There has been 1 fall in April resulting in severe harm and deemed unpreventable .

