

Phasing Clinic

This information leaflet gives you more information about the Phasing Clinic, and what to expect when you attend.

What is the Phasing Clinic?

Intraocular (eye) pressure goes up and down a small amount during the day, but for some people, this change is greater. Sometimes we need to take a number of measurements throughout the day at our Phasing Clinic. The measurements will be carried out by the Advanced Ophthalmic Technicians.

What happens on the day?

Starting at 8am, your pressure will be measured 4 times at regular intervals. Your Advanced Ophthalmic Technician will tell you on the day at what times the pressures are measured. Please expect to finish at 6pm.

You will not have any eye drops instilled at the Phasing clinic, so you can drive on this day.

What should I do between tests?

You will be asked to be in the waiting area at the specific times given on the day, but you do not have to remain in the waiting area between measurements. Ideally, we would prefer it if you did not remain in the clinic in between testing times in order to minimise social contacts at this time.

When will I get the results?

The results are sent electronically to the clinician who requested the Phasing Clinic appointment. This will provide them with information about your eye condition. Depending on the results, you may or may not require further treatment. You will be contacted with the results of the Phasing tests.

What if I cannot make this appointment?

You will be expected to stay for the whole clinic. If you cannot attend, please contact the Ophthalmic Bookings Team on Tel: 01204 390333.

We recognise that not everyone will find this document easy to read. We can arrange for large print, audio tape versions and for summaries or explanations in other languages. Please call 01204 390825 if we can help.

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