



HOW TO SUPPORT YOUR BABIES DEVELOPMENT AT HOME.

PLEASE WATCH THE VIDEO BELOW PROVIDED
BY OUR NEONATAL PHYSIOTHERAPY TEAM ON
DISCHARGE ADVICE.



SCAN ME

Some other useful websites and resources for your baby once they have reached the discharge stage are:

<https://eismart.co.uk/>

<https://pathways.org/>

<https://www.thesmallestthings.org/>



Neonatal Physiotherapy Developmental Positions of Play Video



This QR code should take you to a video which demonstrates the positioning guidance provided in the “Awake Time Ideas” and “Developmental Positions of Play” leaflets that are provided upon discharge from the neonatal unit.

Please see the below link in case you are unable to scan the QR code:

[Developmental positions for play - YouTube](https://www.youtube.com/watch?v=FTfrgCKot00)

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