## PROPER KANGAROO CARE POSITION

The baby is upright, centered on the adult's chest.

The top of the baby's head is at the level of the adult's clavicle.

The face of the fa

The face to one side, uncovered and unobstructed.

The baby's torso is aligned and centered from the top of the head to the tailbone.

5 The baby and adult's chests are bare and touching each other skin-to-skin.

6 The arms are flexed to each side.

7 The baby's hands are by the mouth.

The diaper stops at the baby's navel.

The legs are flexed, to the sides with the toes pointing outwards.

To use your hands for other tasks, close the zipper when The Zaky ZAK® properly maintains the baby's weight and posture.

www.thezaky.com

Kangaroo Care Awareness Day (May 15)
#Kangarooathon #KangarooCareDay #KangarooCare
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