FREEDOM OF INFORMATION

REF: 2026-136
Subject: ADHD, Autism and CAMHS Therapy Services

Dear Sir/Madam,

Thank you for your email dated **16/02/2026** where you requested information about **ADHD, Autism and CAMHS Therapy Services.**

The information you requested is enclosed.

Question	Answer
1. Service Availability For each of the services below, please confirm whether the Trust directly provides the service, commissions it externally, or does not provide it:	
Children's Services • Children's ADHD assessments	We do not offer mental health services at Bolton NHS Foundation Trust. This service is provided by Greater Manchester Mental Health NHS Foundation Trust.
• Children's Autism assessments	
• CAMHS therapy services (please specify the therapy types delivered: e.g. CBT, family therapy, psychotherapy, group interventions, etc.)	
Adult Services • Adult ADHD assessments	
• Adult Autism assessments	
2. Responsible Team For each service that is provided or commissioned, please confirm:	
• The team name responsible for delivering or overseeing the service.	See above
• The directorate, care group, or division under which the service sits.	
3. Waiting List Ownership For each service, please provide:	
• The job title (and name, if permissible) of the individual responsible for managing or overseeing the waiting list.	See above
• Whether the waiting list is managed internally by the Trust	

or by an external commissioned provider.	
4. Additional Context (If Available) Where possible, please also share:	
• Whether the service is delivered in-house, through an external partner, or via a mixed model.	See above
• Any published pathway documents, service specifications, or summaries relating to ADHD, Autism, or CAMHS therapies.	

If you have any queries or concerns please do not hesitate to contact the Freedom of Information Department. It would be helpful to quote the above reference number in any future communication.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to The Chief Executive, Bolton NHS Foundation Trust, The Royal Bolton Hospital, Minerva Road, Farnworth, Bolton. BL4 0JR.

If you are not content with the outcome of your complaint you may apply directly to the Information Commissioner. Generally the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by Bolton NHS Foundation Trust. The Information Commissioner can be contacted at The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire. SK9 5AF.

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Yours sincerely,

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transforming lives...for a better Bolton