FREEDOM OF INFORMATION

REF: 2026-58
Subject: Enhanced Pathway Obesity in Pregnancy

Dear Sir/Madam,

Thank you for your email dated **22/01/2026** where you requested information about **Enhanced Pathway Obesity in Pregnancy.**

The information you requested is enclosed.

We are a team undertaking a **rapid review of enhanced maternity care pathways for people with obesity during pregnancy**. This work forms part of the Athena project at **Leeds Teaching Hospitals NHS Trust**, supported by the **University of Leeds**, to map current practice nationally and identify best practices, barriers, and facilitators to implementation.

Question	Answer
1. Pathway availability	
• Does your Trust have an enhanced and/or specialist maternity pathway for pregnant people with a raised BMI (for example BMI ≥40, or any other threshold used locally)?	The Trust has the following guideline – The Management of Obesity in Pregnancy (Attached)
2. Documents requested	
If yes, please provide copies (current versions) of any relevant documents, such as:	
• Pathway documents, clinical guidelines, guidance documents	Please see attached documents: • The Management of Obesity in Pregnancy • Antenatal Anaesthetic Clinic Guideline • Antenatal Referral and Booking Standard Operating Procedure. • The Northwest Guideline for the detection and Management of Fetal Growth Restriction.
• Referral criteria and triage tools	All contained within the attached documents.
• Patient information leaflets used as part of the pathway	Anaesthetics and pregnant women with a high BMI.
• Any related governance documents (e.g., policy statements or	All contained within the attached documents.

service specifications) that describe how the pathway operates	
3. Evaluation and resources	
• Any evaluation reports, audits, business cases, or outcome summaries relating to the pathway (if held)	5006 Antenatal Risk Assessment Re-audit July 2025. 5011 Counselling for Induction of labour (IOL) 4510 Venous Thromboembolism (VTE) risk assessment report.
If your Trust does not have a specific pathway a brief confirmation would be helpful.	

If you have any queries or concerns please do not hesitate to contact the Freedom of Information Department. It would be helpful to quote the above reference number in any future communication.

If you are unhappy with the service you have received in relation to your request and wish to make a complaint or request a review of our decision, you should write to The Chief Executive, Bolton NHS Foundation Trust, The Royal Bolton Hospital, Minerva Road, Farnworth, Bolton. BL4 0JR.

If you are not content with the outcome of your complaint you may apply directly to the Information Commissioner. Generally the Information Commissioner cannot make a decision unless you have exhausted the complaints procedure provided by Bolton NHS Foundation Trust. The Information Commissioner can be contacted at The Information Commissioner's Office, Wycliffe House, Water Lane, Wilmslow, Cheshire. SK9 5AF.

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Yours sincerely,

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